

QuickTime™ and a  
decompressor  
are needed to see this picture.

## Welcome to the Jets!

Here's the information you'll need for this season:

**-Practices are held on Mondays and Thursdays at 6:30 p.m. during the indoor season, Nov. through April. Practices are held Monday, Wednesday and Friday at Danehy Park in Cambridge at 6:30 p.m. during the outdoor season, May through July. Cross Country takes place from September through Nov.**

**-Your Jets fee is an annual fee, good for all indoor and outdoor seasons from September through July. Payment is due when your child starts.**

**-Meets are held on weekends, locally and regionally. Schedules will be distributed as the information is available.**

**-You will be contacted by email about any scheduling changes, uniform orders, meets, volunteer opportunities and more.—therefore it is VERY important that you fill out the attached form and return it to Karyn Miller-Medzon.**

**-All kids running with the Jets will require an AAU (American Athletic Union membership). This can be purchased online for \$14:**

**<https://secure.aausports.org/aaustore/register/athlete2.asp>**

**-Uniforms consist of a one-piece yellow “speed suit” worn for meets and a two-piece “warm up” suit (a jackets and pants). These are ordered several times a year (usually after Thanksgiving and again in the spring). Orders forms will be distributed in coming weeks and will include price information.**

**-Please arrive on time, and ready-to-run. Appropriate running gear includes shorts or sweatpants, t-shirts and running sneakers. Children will require running spikes once they get used to the sport.**

**-If you have questions about the program, please address them to Coach Curtis Jackman or Coach Opal Fisher.**

**-If you have questions about logistics, uniforms, or email, please don't hesitate to email Karyn Miller-Medzon ([karynmiller@comcast.net](mailto:karynmiller@comcast.net))**

# Cambridge Jets Youth Track Club

2011-2012

Head Coach: Curtis Jackman (617) 201-5306

Asst. Coach: Opal Fisher (617) 799-6878

The Cambridge Jets Youth Track Club runs from November to July. Jets program provides training and conditioning for cross country, indoor and outdoor track.

The annual registration fee is \$250 per child. Checks should be made payable to the Cambridge Jets. Please note there will be other fees throughout the season, such as uniform cost, meet registration fees and travel expenses.

Athlete's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ Zip Code \_\_\_\_\_

Mother's Name \_\_\_\_\_ Home Tel. # \_\_\_\_\_

Work Tel. # \_\_\_\_\_ Mobile # \_\_\_\_\_

Email \_\_\_\_\_

Father's Name \_\_\_\_\_ Home Tel. # \_\_\_\_\_

Work Tel. # \_\_\_\_\_ Mobile # \_\_\_\_\_

Email \_\_\_\_\_

Does your child have any health concerns?      Yes (State below)      No

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## Required for Participation

AAU # \_\_\_\_\_ USATF # \_\_\_\_\_

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**All New Families Must Fill in this Form**

1) CHILD'S NAME: \_\_\_\_\_

CHILD'S AGE: \_\_\_\_\_

PARENTS' NAME (S): \_\_\_\_\_

EMAIL ADDRESS 1: \_\_\_\_\_

EMAIL ADDRESS 2: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

HOME/CELL: \_\_\_\_\_

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2) CHILD'S NAME: \_\_\_\_\_

CHILD'S AGE: \_\_\_\_\_

PARENTS' NAME (S): \_\_\_\_\_

EMAIL ADDRESS 1: \_\_\_\_\_

EMAIL ADDRESS 2: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

HOME/CELL: \_\_\_\_\_

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**MY CHILD(ren) WILL NEED A UNIFORM: YES \_\_\_ NO \_\_\_**

**MY CHILD(ren) WILL NEED A WARM UP SUIT: YES \_\_\_ NO \_\_\_**

**\*\*This is NOT an order form. Orders will be placed in about a month and you will be contacted with price information at that time.**